

# **IASA's 10-Year Celebration**

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## **How DMM changed my Systemic Model in Individual, Couple and Family Therapy.**

Rodolfo de Bernart, IASA Co-Chair (Italy)

[itff@itff.it](mailto:itff@itff.it)

Topic: Clinical practice

Many years ago, I was puzzled by the different results I could have with families which presented the same diagnosis and the same relational hypothesis. I thought it could be the model of treatment which was working with a kind of families and not with others. Reading books on attachment, I made the hypothesis that, possibly, this theory could explain the differences. I started a training on attachment with Patricia Crittenden on Strange Situation, CARE-Index and AAI, then I worked for three years with a group of researchers on a Family Interview (AAF). And I discovered where the difference was...

### **How it used the DMM**

In order to develop a diagnostic classification useful to organize different approaches (Provocative vs Contentive) for different insecure attachment patterns (A, Avoidant-Dismissing Vs C, Preoccupied-Ambivalent).

### **What it can contribute to the DMM**

The presentation gives the opportunity to better integrate the DMM and the Systemic Approach in Treatment.